

LOVE, TRAUMA AND I

The Sentence of Intention as a
new Way to Encounter Yourself



Organisation

Association for Promoting
Healthy Human Autonomy e.V.

Venue of the Congress 21-23 October 2016
Kolpinghaus Munich
Adolf-Kolping-Str. 1
D-80336 Munich

Online registration for the Congress
www.healthy-autonomy.de

Fee for Participation
290.- Euros
260.- Euros early bird price until 30.4.2016

Bank account details
GLS-Bank Bochum
BIC: GEN OD EM1 GLS
IBAN: DE05 4306 0967 8210 6895 00

Questions concerning registration
Detlev.Blechner@gesunde-autonomie.de

Please contact us on Facebook
www.facebook.com/gesundeautonomieev

Title picture: Pablo Picasso: „Portrait of Dora Maar“; 1937
© Succession Picasso / VG Bild-Kunst, Bonn, 2015

What do I want?

“Encounter yourself by the Sentence of Intention” is the basic method and focus of our practical work. In 40 workshops with specific topics from our daily and professional life we will learn what the benefits are, to have a closer view deep into the structure of our human psyche.

Together we will gain new insights on how a lost healthy I can be re-established, and how we can come into contact with our healthy free will. On this basis, we want to discover how we can create a constructive and healthy We.

Come and participate at the ongoing development of an Identity oriented Psychotrauma theory, therapy and counselling.

I cordially invite you to this 3rd International Congress of our Association in Munich.



1st Chairman of the
Association for Promoting
Healthy Human Autonomy e.V.

Prof. Dr. Franz Ruppert

Who am I?

With whom do I want a relationship with? What is the work I really like to do? The questions regarding our identity and our own will are of central importance for our everyday life. How can we achieve a healthy Self and a sane will? How can we live in intimate relationships and in greater social unities, in constructive forms of love and stay healthy?

What can make the development of a healthy Identity so difficult or even impossible? What impact do traumatic life experiences have on this? How do “the trauma of love”, “early trauma” and “perpetrator-victim dynamics” split our identity? And what options are available to overcome the splits in our psyche?

Program of the Congress



Friday 21.10. 11.00am	Arrival and Registration
1.00-1.15pm	Opening of the Congress
1.15-2.45pm	Who am I? Identity, Identification and Psychotrauma Presentation by Prof. Dr. Franz Ruppert
2.45-3.15pm	Coffee break
3.15-5.00pm	Parallel Workshops
	Fr01 Name and Identity Patrizia Manukian
	Fr02 Afraid of your own I Sabine Wintzen
	Fr03 I, Myself and my House Pet Bente Fjeldstad
	Fr04 Trauma and Triggers in Youth Care Hedwig Nießen
	Fr05 Healthy love in Partnerships Marion Nebbe
	Fr06 Trauma and Identity Martina Wittmann
	Fr07 Surviving Psychotrauma – Chance for a new start? Kerstin Kirschniok
	Fr08 Trauma and medical Interventions Kate Collier
5.00-5.30pm	Coffee break
5.30-7.15pm	Parallel Workshops
	Fr09 My Voice as expression of my Identity Aurora Wolf
	Fr10 Early Psychotrauma and Identity Susanne Mautner

	Fr11 Sexual Abuse and Splitting of Identity Andrea Stoffers
	Fr12 Motherhood and Identity Development Maria Green/Lucy Jameson
	Fr13 How do Abortions affect Identity? Diana L. Vasile
	Fr14 Puberty und Identity Birgit Schaumburg
	Fr15 Trauma and problems with teeth Thomas Röhl
	Fr16 Love Relationships and Identity Dagmar Strauss
7.30-8.30pm	Discussion and Reflection in Plenum

Sat. 22.10.	
9.00-9.15am	Introduction to the 2nd Day
09.15-10.30am	Free Will – wish or reality? Presentation by Prof. Dr. Franz Ruppert
10.30-11.00am	Coffee break
11.00am-1.00pm	Parallel Workshops
	Sa01 I and my siblings Detlev Blechner
	Sa02 Sexual Trauma and Consequences for the Body Ellen Kersten
	Sa03 Fleeing – from what and whom? Margriet Wentink und Wim Wassink
	Sa04 My I in my Family Bettina Schmalnauer

	Sa05 Climacteric period – am I still me? Andrea Tietz
	Sa06 Who am I in my Anger, Violence and Rage? Christine Foong Wong
	Sa07 Motherhood and Society Birgit Assel
	Sa08 Childhood Trauma and Occupation Marta Thorsheim
1.00-2.30pm	Lunch break
2.30-4.30pm	Parallel Workshops
	Sa09 My Body – My Enemy? Cordula Schulte
	Sa10 I and I – Development of the Identity of Twins Corinna Schürmann
	Sa11 Who am I without my partner? Anamaria Draguta
	Sa12 Profession and Identity Julia Vaughan Smith
	Sa13 Psychotrauma in my body Evelyn Hähnel
	Sa14 Possessions and Identity Manuela Specht
	Sa15 Pain and Psychotrauma Annemarie Denk
	Sa16 Identity and free will Franz Ruppert
4.30-5.00pm	Coffee break
5.00-6.00pm	Discussion and Reflection in Plenum
From 8.00pm	Congress party with Table for Two

Sunday 23.10.	
9.00-9.15am	Introduction to the 3rd Day
9.15-10.30am	Basics of an Identity oriented Psycho-traumatherapy/-counselling Presentation by Prof. Dr. Franz Ruppert
10.30-11.00am	Coffee break
11.00am-1.00pm	Parallel Workshops
	So01 Why do I Need my Illness? Maria Magdalena-Macarencio
	So02 Self-realisation and reflections on the journey through life Marina Schürmann
	So03 I and My Sexuality Stephan Niederwieser
	So04 Who am I in my Job? Gerlinde Fishedick
	So05 When Mothers are Hostile Elfriede Wimmer
	So06 Self encounter by the Sentence of Intention in Individual Work Sessions Vivian Broughton
	So07 Stress, Meditation and Psychotrauma Harald Banzhaf
	So08 I and my Perpetrator Parts Christina Freund
1.00-2.30pm	Lunch break
2.30-4.00pm	Discussion, Reflexion and joint Conclusion of the Congress

The presentations, workshops and discussions will be translated from German to English and English to German.